



Maratha Vidya Prasarak Samaj's  
**ARTS AND COMMERCE COLLEGE, SATPUR**

Janta High School Campus, Satpur,  
Tal.: Nashik, Dist.: Nashik (Maharashtra) Pin : 422007

PH.: 0253-235410

E-Mail : [srcollege.satpur@mvp.edu.in](mailto:srcollege.satpur@mvp.edu.in)

Website : <https://mvpsatpurcollege.ac.in/>

College Code : 0897

Centre No. : 0897

AISHE : C-41756

*Principal : Dr.D.G.Ushir, M.A., M.Phil., Ph.D.*

-----Affiliated to Savitribai Phule Pune University, Pune College ID – PU/NS/AC/141/2009-----

**5.1.3: Percentage of students benefitted by guidance for competitive examinations and career counseling offered by the Institution during the last five years**

Sr. No.	Document
1	Report
2	Photos



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## **Competitive Examination & Guidance Cell**

Nowadays, competition is getting tougher day by day and get into the best of the government entities is just not straight forward and simple. It requires a lot of dedication, patience, hard work and most importantly, consistent effort. So, to prepare for this challenging path, the aspirants are required to take initial steps at a very early age.

Maratha Vidya Prasarak Samaj's Arts and Commerce College Satpur, Nashik since its inception has produced many stalwarts who have made their mark on various fields and have contributed to the development of our nation. Lately as the role of the state is increasing, there is a need of strong and efficient bureaucracy, which can be performing its duties in an ethical and accountable manner, support the edifice of the general administration in various fields. For this, Maratha Vidya Prasarak Samaj's Arts and Commerce College Satpur, Nashik, has started a Competitive Examination & Guidance Cell, for creating and honing ethical, efficient, competent bureaucrats who can assimilate their knowledge with administrative acumen and serve on the vanguard of the government machinery.

The institution has constituted a Competitive Examination & Guidance Cell to prepare the students to face the different competitive examination like UPSC / MPSC / SET /NET. The current era is full of competition and the students should appear for number of competitive

examinations. The students should be encouraged and guided to prepare for such challenging examinations. Through this cell, the college organizes various activities for the development of the students.

The Cell conducts special lectures, different competitions and provides the quality ambience to increase the students' success rate to enter administrative services. It also aims to encourage the students for general reading, general observation and thinking power for reasoning and courage for facing various competitive examinations. The primary focus is imparting training to the students for taking up career in administration. Every year the cell has been conducting various programmes and training to groom the students interested in government and administrative services. The separate reading facility through Vidya Niketan Study Centre has been provided for this purpose.

### **Aims & Objectives:**

- To motivate students for prospective career in Government and Corporate Sector.
- The main objective is to make available a platform, for aspirants of UPSC, MPSC, and other competitive examinations, where they can get all the help and guidance they need.
- To provide guidance in various examinations such as SET/ NET, Defence services, Banks, Railways, Public sectors and corporate etc.
- To guide students for Group Discussion and Interviews.
- To build among students a sense of awareness, provide guidance, necessary literature, brochure, and other information about various competitive examinations.
- To conduct career development seminars and workshops on competitive exams.
- To conduct mock interviews and train students in personality development and communication skills.
- Arranging guest lectures on various topics by eminent personalities, to impart knowledge about various pressing issues of today and current affairs useful for examination preparation.
- Providing comprehensive and quality study material and guidance for students who cannot afford coaching classes.

## • Committee

Sr. No.	Name	Designation
1	Dr. D. G. Ushir	Chairperson
2	Dr. S. S. Rajole	IQAC Coordinator
3	Mr. G. A. Panpatil	Convenor
4	Dr. S. A. Gaikwad	Member
5	Mr. M. D. Shendage	Member
6	Mr. S. N. Gade	Member
7	Mrs. V. P. Mogal	Member

  
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मराठा विद्या प्रसारक समाजाच्या कला व वाणिज्य महाविद्यालय सातपूर येथे  
"स्पर्धा परीक्षा व रोजगार संधी" या विषयावर व्याख्यान

मराठा विद्या प्रसारक समाजाचे कला व वाणिज्य महाविद्यालय सातपूर येथे शुक्रवार दिनांक 5 फेब्रुवारी 2021 रोजी "स्पर्धा परीक्षा मार्गदर्शन" या अंतर्गत "स्पर्धा परीक्षा व रोजगार संधी" या विषयावर व्याख्यान आयोजित करण्यात आले होते. या निमित्ताने कार्यक्रमाचे मार्गदर्शक म्हणून इग्निटेड माइंड्स फाउंडेशनचे प्रमुख प्राध्यापक गोपाल मोजाड यांना निमंत्रित करण्यात आले होते. मा. डॉ. बी. पी. मोजाड सरांनी विद्यार्थ्यांना बहुमोल असे मार्गदर्शन केले. त्यांनी त्यांच्या व्याख्यानात वाचनाचे महत्त्व पटवून दिले. स्पर्धा परीक्षा हा जीवनाचा राजमार्ग आहे, त्यासाठी ध्येय ठरवून त्या दृष्टीने प्रामाणिकपणे प्रयत्न करा. असे त्यांनी सांगितले याप्रसंगी महाविद्यालयातील सर्व प्राध्यापक व प्राध्यापकेतर कर्मचारी व विद्यार्थी मोठ्या संख्येने सहभागी होते. कार्यक्रमाचे प्रास्ताविक महाविद्यालयाचे प्राचार्य डॉ. डी. जी. उशीर यांनी केले व सूत्रसंचालन प्राध्यापक एस. एस. वारंगसे यांनी केले व आभार प्रदर्शन श्रीमती. प्राध्यापिका एस. एन. गाडे यांनी केले व कार्यक्रम यशस्वीपणे संपन्न झाला.

  
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मराठा विद्या प्रसारक समाजाच्या कला व वाणिज्य महाविद्यालय सातपूर येथे  
"स्पर्धा परीक्षा व रोजगार संधी" या विषयावर मा. डॉ. बी. पी. मोजाड यांचे  
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**मराठा विद्या प्रसारक समाजाचे**  
**कला व वाणिज्य महाविद्यालय सातपूर, नाशिक**  
**स्पेक्ट्रम अकॅडमी तर्फे मार्गदर्शन कार्यशाळा**

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मराठा विद्या प्रसारक समाजाचे कला व वाणिज्य महाविद्यालय सातपूर, नाशिक, स्पर्धा परीक्षा व मार्गदर्शन केंद्र व स्पेक्ट्रम अकॅडमी, यांच्या संयुक्त विद्यमाने “स्पर्धा परीक्षेचा राजमार्ग” या विषयावर एक दिवशीय कार्यशाळेचे आयोजन दिनांक १८ जानेवारी २०१९ रोजी करण्यात आले होते. याप्रसंगी प्रमुख मार्गदर्शक स्पेक्ट्रम अकॅडमीचे प्राध्यापक जी. व्ही. उघडे व प्रा. श्वेता शर्मा हे उपस्थित होते. विद्यार्थ्यांना मार्गदर्शन करताना प्राध्यापक जी. बी. उघडे यांनी विविध स्पर्धा परीक्षांची माहिती, सुधारित अभ्यासक्रम, वेळेचे नियोजन, आयोगाने परीक्षा पद्धतीत वेळोवेळी केलेल्या बदलांचे स्वरूप व व्याप्ती याविषयी सांगितले. प्राध्यापिका श्रीमती. श्वेता शर्मा यांनी बँकिंग क्षेत्रातील करिअरच्या विविध संधी व अभ्यासक्रम यावर प्रकाश टाकला. कार्यशाळेस महाविद्यालयाचे प्राचार्य डॉ. ए. व्ही ठोके, परीक्षा विभाग प्रमुख स्वप्नील साखला, प्रा. गणेश पानपाटील, प्रा. शिवाजी गांगुर्डे तसेच स्पेक्ट्रम अकॅडमीच्या पूनम बेनिवाल, प्रीती शिंदे, स्नेहा मुलजीर व विद्यार्थी मोठ्या संख्येने उपस्थित होते.

  
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मराठा विद्या प्रसारक समाजाचे  
कला व वाणिज्य महाविद्यालय सातपूर, नाशिक  
स्पेक्ट्रम अकॅडमी तर्फे मार्गदर्शन कार्यशाळा



स्पेक्ट्रम अकॅडमीतर्फे  
मार्गदर्शन कार्यशाळा



नाशिक : स्पेक्ट्रम अकॅडमी, नाशिक व कला, वाणिज्य महाविद्यालय, सातपूर यांच्या संयुक्त विद्यमाने संक्रांतीच्या शुभमुहूर्तावर स्वर्धा परीक्षेचा राजमार्ग या विषयावर एक दिवसीय कार्यशाळेचे आयोजन करण्यात आले होते.

याप्रसंगी प्रमुख मार्गदर्शक स्पेक्ट्रम अकॅडमीचे प्रा. जी. व्ही. उघडे व प्रा. श्वेता शर्मा हे होते.

विद्यार्थ्यांना मार्गदर्शन करताना प्रा. जी. व्ही. उघडे यांनी विविध स्वर्धा परीक्षांची माहिती, सुधारित अभ्यासक्रम, वेळेचे नियोजन,

आयोगाने परीक्षा पद्धतीत वेळोवेळी केलेल्या बदलांचे स्वरूप व व्याप्ती याविषयी सांगितले. प्रा. श्वेता शर्मा यांनी बँकिंग क्षेत्रातील कठीअरच्या विविध संधी व अभ्यासक्रम यावर प्रकाश टाकला.

  
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# Maratha Vidya Prasarak Samaj's Arts and Commerce College Satpur, Nashik-07

## Counseling Cell

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Modern society is accompanied by perplexities and challenges. Counseling Cell intends to empower students to face these challenges effectively through professional guidance and counseling programs. With the intent to address and help resolve emotional and psychological issues of the student community of Maratha Vidya Prasarak Samaj's Arts and Commerce College Satpur, Nashik, the college has initiated the "Counseling Cell" in the college premises with the help of a team of members along with Principal and a Student Counselor. It focuses on the realization of unique potentials inherent and hidden in each student and to foster it.

The Counseling Cell will function respecting the student's privacy so that they are free to explore their concerns, feelings and behaviours. The cell will be indebted by law and ethics to report issues that indicate a student's welfare may be in jeopardy.

### **Key functions of Counseling Cell include:**

- To counsel students through individual counseling sessions based on their needs.
- To enhance the self-esteem of weaker /slow learners / physically challenged students.
- To help the students to overcome examination stress, anxiety or phobia.
- To recommend and refer to a Clinical Psychologist or Professional Psychiatrist in case of any advance support is required considering the severity.
- To inform the parents about the psychological misbehavior of the student.
- To help the students in solving their personal, educational, social as well as psychological problems.
- To assist the student in planning for educational and vocational choices.
- To help the students know themselves regarding their interests, abilities, aptitude, passion and opportunities.
- To create awareness, prepare and motivate to create success stories and decipher plans to overcome life challenges

- To establish a feeling of mutual understanding between student and teacher.
- To conduct training program on counseling skills for faculty and staff.
- To organize workshops in the area of:-
  - a. Stress Management.
  - b. Emotional Intelligence.
  - c. Relaxation Techniques.
  - d. Emotional First Aid

## **Objectives:**

Counseling Cell is formed to accomplish the below goals:

- To facilitate the psychological well-being of the students through continuous support and guidance based on their needs.
- To abet students in staying away from detrimental thoughts and healing their minor emotional hurts.
- To support the students to understand and accept themselves “as they are”, through individual and group counseling.
- To empower the students in recognizing their unique potential and skills to achieve their academic goals, social and personality development, adjustment issues, career goals,
- To encourage listening skills, developing empathy and interpersonal skills to enrich healthy relationships.
- To educate on various psychological topics and healthy lifestyle practices through psycho-education programs.
- To maintain the confidentiality of counseling interventions unless the student is considered to be at risk for personal injury, or for committing injury to self or others. In those instances, appropriate individuals/agencies can be notified.
- To support other committees /cells / clubs whenever required.

A committee in the name “Counseling Cell” was constituted to execute the function and accomplish the goals of Counseling Cell.

The committee can possess the support of NSS, Student Welfare (SWO), Sports, and other extension activity clubs/cells/committees to enhance the mental wellbeing of the students and faculty.

**Contact details of College Counseling Psychologist:-**

1. Mr. M. D. Shendage, M.A, NET (Psychology)
2. Mr. G. A. Panpatil, M.A, SET, NET (Psychology)

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**0253-2354101**

**9405454267 / 8975500868**

**• COMMITTEE MEMBERS OF COUNSELLING CELL**

<b>Sr. No.</b>	<b>Name of the Member</b>	<b>Designation</b>
1	Dr. D. G. Ushir	Chairman
2	Shri. M. D. Shendage	Counselor
3	Shri. G. A. Panpatil	Counselor
4	Dr. S. S. Rajole	Member
5	Smt. V. P. Mogal	Member

  
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**Student Counseling**



  
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# Students Counseling Form

**Maratha Vidya Prasarak Samaj's  
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## 1. Student Details

Full Name  Admission Year   
Course  Class :  DOB :

## 2. Counselling Details

Counselor  Date

## 3. Reason for Counselling/Meeting

  
  

## 4. Student Response

  
  

## 5. Recommended Action and Follow-up

  
  

Counselor's Signature  Date

Students Signature  Date

Remark, if any :